



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Splash N' Dash TRAINING

MAY 14TH—AUGUST 3RD

GET READY FOR THE SPLASH N' DASH EVENT WITH THIS
SPECIALIZED PROGRAM

~ HURRY! Space is Limited! ~

~ Registration Opens March 26th~

Swim Training:

Thursdays
6:30 - 7:30pm



Running Training:

Saturdays,
7:00 - 8:00am

Cost:

MEMBERS: \$75

NON-MEMBERS: \$240*

*non-member rate includes 12 Week Adult membership

DON'T FORGET TO REGISTER FOR:

The Kennebec Valley YMCA's Splash N' Dash**

on Saturday, August 11th, 2018, 8am at The KV YMCA Augusta Campus

(**MUST REGISTER FOR THIS EVENT SEPARATELY)

<http://kvymca.org/splash-n-dash>