

November



Member Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Walgreen's on Water Street Nov. 1st-15th and donate \$1 or \$5 to the Y.</p> <p>Cony Street Hannaford is selling reusable bags for a \$1 to benefit the Y. Nov. 1st - 30th.</p>				1	2	3
4	5	6	7	8	9	10
<p>Daylight Savings Set your clock Back an hour! Save Your Breath 5k Run/Walk</p>		<p>Election Day</p>	<p>Men's' Basketball League Starts</p>			
	12	13	14	15	16	17
	<p>All Staff Meeting Delayed Opening of 12pm</p>	<p>World Diabetes Day Ask about our Diabetes Prevention Program</p>				
18	19	20	21	22	23	24
				<p>Thanksgiving Day! Closed*</p> <p>6am Fitness Challenge</p> 	<p>Black Friday Specials! 5am-Noon</p>	
25	26	27	29	30		
		<p>Blood Drive KVYMCA Gymnasium 9:30am-2:30pm</p> <p>#GivingTuesday</p>			<p>Gift Card Promotion ! Get \$10 for every \$50 spent!</p>	