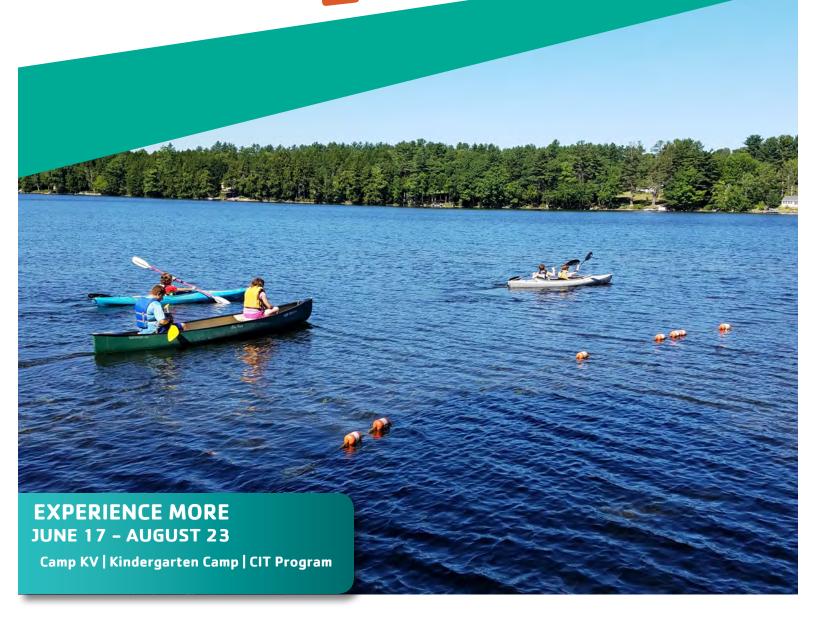


FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Kennebec Valley YMCA SUMMER CAMP GUIDE 2019



THE BEST SUMMER EVER STARTS AT THE YMCA

CAMP AT A GLANCE

Camp KV/Kindergarten Camp

WHO: Entering Grades K-8 WHERE: KV Camp Road

Cost: Readfield, ME 04355

\$153/Session for Y Members

\$163/Session for Program Members

\$173/Session for Non-members

*Counselor in Training Program

WHO: Entering Grades 9-10

WHERE: KV Camp Road

COST: Readfield, ME 04355

\$405/Program for Y Members

\$445/Program for Program Members

\$485/Program for Non-members

*Price reflects total cost of the 4 week CIT program

IMPORTANT DATES

Registration Opens

WHEN: Friday, February 1, 2019

WHERE: Augusta & Manchester Welcome Centers

All registrations must be submitted and processed with our Welcome Center staff

Camp Clean-Up Day

WHEN: Thursday, May 9th, 9am-4pm

WHERE: Camp KV, KV Camp Road, Readfield, ME

Reinforce the concepts of volunteerism and community service while taking a bit of ownership of the camp experience. As a thank you, the YMCA will serve lunch at noon for our volunteers. Please contact Paul at paul @kvymca.org if you plan to attend or have questions.

Camp Open House

WHEN: Saturday, June 1st, 10am-12pm

WHERE: Camp KV, KV Camp Road, Readfield, ME

Come tour our lakeside camp facility to see all that Camp KV has to offer! You will also get to meet the staff that will be leading your children for the summer! The open house will feature activities such archery, GAGA, arts & crafts, boating and swimming!

Financial Assistance

The Kennebec Valley YMCA is proud to offer need based scholarships for qualifying children to attend camp. Scholarship applications are available at either of our Welcome Centers and must be submitted by Friday, May 17th. All scholarship recipients will be notified by Monday, June 10th.







TABLE OF CONTENTS

A NOTE FROM CAMP DIRECTOR 2
CAMP KV 3
KINDERGARTEN CAMP 4
COUNSELOR IN TRAINING PROGRAM 5
CAMP INFORMATION,
POLICIES & EXPECTATIONS 6-8
PULICIES & EXPECTATIONS0-8
REGISTRATION FORMS 9-13



"My 3 girls look forward to attending Camp KV every summer and enjoy all the activities, songs, people and beautiful setting. I feel like through their participation in all of the fun events, games and sports that are offered, their confidence and self-esteem has grown immensely."

-Camp Parent

OUR MISSION

The Kennebec Valley YMCA is a character-building organization dedicated to strengthening the Christian principals of Caring, Honesty, Respect, and Responsibility through programs that build a healthy spirit, mind, and body for all — regardless of ability to pay.

Since 1914, we have been a fabric of our community, with a commitment to nurturing the potential of kids, promoting healthy living, and fostering a sense of social responsibility.





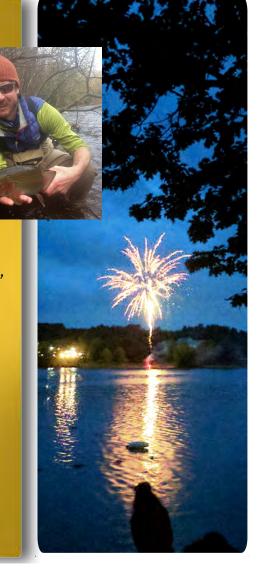
A note from The Camp Director

My name is Paul and I am the new Camp Director. I am very excited to be joining you at camp this upcoming 2019 season and look forward to having a great summer at the lake! I love spending time on the water boating and fishing, learning about nature, playing music and sometimes just wandering around the woods looking for something good to eat. I have taught wilderness living and emergency survival, outdoor leadership and lead several extended expeditions paddling in canoes, hiking in mountains and in the winter trekking on snowshoes.

In addition to a fantastic line up of planned themed weeks this summer, campers will be able to participate in a collection daily activities such as arts and crafts, sports, nature, environmental science, literacy, boating, swimming, archery, low ropes, GAGA, and many more!

At Camp KV, we believe that each camper should be provided with opportunities to grow through experiences that allow him or her to learn valuable skills, explore new ideas and activities, and make friends and memories that last a lifetime. Camp serves as a place where kids can learn what it means to be a contributing member of a community, while engaging in a variety of guided recreation activities.

On behalf of the Y and our camp staff, we look forward to being a part of your child's camp experience this summer.





CAMP KV

GRADES 1-8

Camp KV is a state-licensed day camp located on 70 acres of beautiful, naturally preserved land on Maranacook Lake in Readfield. Our camp day begins at 8:00 a.m. and ends promptly at 4:00 p.m.



CAMP

The Kennebec Valley YMCA offers a high quality camping experience. Our highly trained staff of professional role models offer traditional camp activities such as swimming, boating, low ropes course, arts and crafts, literacy, nature hikes, field sports, archery and environmental science programs.

WACKY WEDNESDAYS

This camp tradition encourages our campers to be creative and silly at camp! On Wednesdays, come to camp dressed in the following themes:

June 19 - Hawaiian
June 26th - Superheroes
July 3 - USA! USA! USA!
July 10 - Treasure Island
July 17- Christmas in July
July 24 - Harry Potter
July 31 - Color Wars
August 7th - Backwards
August 14 - Olympics
August 21 - Variety Show



A certified lifeguard is on duty at all times while waterfront activities are taking place. Campers will be part of a noncompetitive, nurturing environment that focuses on character development.

We strive to build positive experiences and friendships, focusing on our core values of caring, honesty, respect and responsibility.

KINDERGARTEN CAMP

This camp will introduce our youngest, first-time campers to our Camp KV program!

Kindergarten Camp follows the same KV schedule, allowing campers to enjoy our lakeside facility and experience the following:

- Arts & Crafts
 - Swimming
 - Sports
 - Hiking
 - Literacy

Summer
Pre-K is still
available at
the Y!

And more!

Our Kindergarten Camp serves as a great way to introduce our youngest campers to our Camp KV setting and take part of a fun daily schedule of activities. Kindergarten campers will have a daily rest hour in our new Literacy Cabin. Our Kindergarten Camp is limited to only 10 spots per session.

We have two fully trained staff leaders working with our Kindergarten Camp. All kids participating in this camp must be fully potty trained.

The KV YMCA will continue to offer our regular Summer Pre-K taking place at the Augusta Y campus. For questions on this program call 207-622-9622.

CIT PROGRAM

GRADES 9-10





Teens are a valuable part of our community!

The Y's Counselor In Training (CIT) program gives teens entering grades 9 and 10 an opportunity to build skills that will help them in the classroom and the workplace. The CIT program is four weeks in length taking place over sessions 2–5 only. All CIT participants are required to attend

CIT's walk away with:

all four sessions.

- Education in American Red Cross CPR/First Aid
- Experience facilitating group activities
- Outdoorsmanship skills
- Confidence and leadership experience

CIT participants work closely with camp leaders, who serve as instructors and mentors. All interested candidates must apply to participate in the CIT program. To apply, e-mail the Paul at Paul@kvymca.org

Meet Chiara, a KV Camper turned counselor-in-training!

She has established a short term goal of becoming a camp counselor and intends to use that experience in her future college degree focusing in education.

Chiara has truly maximized her camp experience.

IN HER OWN WORDS...

"I have been going to Camp KV since I was in 3rd grade. This year I attended Camp KV as a Counselor-In-Training. Next year, I plan on being a Junior Counselor, I love engaging with the kids – they are so much fun."

-Chiara

CAMP INFORMATION

ARRIVAL

Our summer camps offer FREE bus transportation to Camp KV from our two KV YMCA locations.

AUGUSTA CAMPUS:

Depart Time: 7:30am (arrive by 7:20am)

Return Time: 4:30pm MANCHESTER CAMPUS:

Depart Time: 7:40am (arrive by 7:30am)

Return Time: 4:15pm CAMP KV DROP OFF

Arrive: 8:00am & Pick Up: 4:00pm

SIGN IN/SIGN OUT

All campers must be signed in and out daily by a parent/guardian. Photo ID's will be required. For first time pick ups please remind other authorized pick-ups that they will need to bring a photo ID with them, as well.

ABSENCES

If your child is not going to attend camp for the day, please report his/her absence by calling the Y at 207-622-9622 or the Camp office at 685-4644. If your child will be leaving early, please notify the camp director of what time and who will be picking up your child in writing or call the Camp office.

SWIMMING/SWIM LESSONS

Campers will have the opportunity to swim and take swim lessons at Camp KV. For their safety, all campers will be swim tested on their first day of camp. While swim activities are not required, we strongly encourage all campers to participate.

LUNCH

CAMP KV: <u>Lunch will NOT be provided to campers.</u> Please pack a healthy lunch along with a few healthy snacks that will last the day. There are two refrigerators and freezers on camp property which campers are allowed to used to keep any perishable foods cold.

Please be sure to bring a re-fillable water bottle every day.

PARENT VISITS

We welcome and encourage parents to visit at camp. Please make sure to check in at the Director's Cabin when you arrive.

RAINY DAYS AT CAMP KV

On rainy days we will try to do as much activity outside as possible. If the rain persists, there is an expanded lodge and covered areas where campers can safely engage in camp activities.

OVERNIGHTS

Our overnights are available to Wranglers, Trailblazers, and Pathfinders, and are held on during Sessions 2, 5, 8 & 10 on Thursday nights, with a half day on Friday. Older campers will remain at camp to participate in the overnight. Families of all campers are encouraged to join us from 7:00-8:00PM to participate in campfire songs, skits and making s'mores. Dinner and breakfast will be provided for the campers spending the night. Camp will end for all campers at 12:00 PM on Friday after an overnight. *Buses will arrive in Manchester at 12:15 PM and in Augusta at 12:30 PM. Mountaineers and their families are welcome to attend the camp fire from

7:00 - 8:00 PM. On the Friday after an overnight, Mountaineers will also be dismissed at 12:00 PM. Buses will run as they normally do in the morning for anyone who did not participate in the overnight. Participation in overnights is contingent upon camper behavior and weather permitting.

CAMP POLICIES & EXPECTATIONS

DAILY CAMP CHECKLIST

Each camper should bring a backpack with the following items

- Bathing suit
- Towel
- Plastic bag (for wet suits/towels)
- Healthy snacks
- Lunch
- REFILLABLE WATER BOTTLE
- An extra set of clothes
- Sunscreen Please make sure your child is wearing sunscreen when they arrive at camp, in addition to packing extra. Spray sunscreens are preferred.
- Jacket or sweatshirt for cool weather
- Closed-toe shoes are required. Flip flops are not proper camp attire.

ITEMS TO LEAVE AT HOME

- Electronic games/iPods/MP3 players
- Cell phones/Tablets
- Toys/Trading cards/Sports equipment
- Money/Valuable items
- Weapons of any kind, both real or fake

CUT ME OUT AND KEEP ME ON THE FRIDGE!

AT YMCA CAMPS WE BELIEVE

- Campers have a responsibility to conduct themselves in a manner that is in the best interests of the camp program, its campers and staff.
- Parents/Guardians have a responsibility to go over the Camper Behavior Contract with their camper(s), as we want to make all camper experiences positive and fun.
- The YMCA camp staff has a responsibility to support your child in the camp setting, be a role model and to follow all safety protocol, including behavior management.

BUS POLICY

Parents must be at pick-up and drop-off points and are responsible for the supervision of their children. Children at each bus stop will not be allowed on the bus without proper pre-registration and payment. If for any reason a camper's transportation has not arrived at the end of the day, parents will be notified for pick-up and may be subject to a late fee.

COMMUNICATION

Questions or concerns? Need to report an absence? Give us a call!

YMCA: 207-622-9622

CAMP KV: 207-685-4644 (June-August) Messages can be received at the camp office Monday-Friday between 8a.m.-4p.m.



POLICIES CONT.

CAMPER CONDUCT & DISCIPLINE PROCEDURES

The staff governs the behavior of each child and attempts to work through conflicts and problems as they occur. A camper who displays negative behavior can affect the rest of the camp's experience. Campers who are disruptive, display inappropriate behavior, or require an undue amount of disciplinary attention will meet with the Camp Director to evaluate their behavior. Parents will be notified of any misconduct or discipline problems. It will be the parent's responsibility to arrange transportation for the child if he/she is being sent home due to disciplinary actions.

If an incident occurs that jeopardizes a camper's safety, the safety of others, or is not in accordance with the mission of the YMCA, camp staff will address and document the issue directly with the child and take the following steps.

- 1. First Violation: The child may be removed from an activity for the day, such as swimming, free time, etc. Parents may be contacted during the day or at the end of camp depending on the time and severity of the incident.
- 2. Second Violation: The parent/guardian will receive a phone call and may be asked to pick up their child within the hour. The child may or may not be allowed to attend camp the next day that he/she is registered for.
- 3. Third Violation: Parents may be contacted immediately to pick up their child from camp. The child will be suspended for the day or week that he/she is registered for depending on the severity of the incident.
- 4. Fourth Violation: Child will be dismissed from camp for the remainder of the program.

*Please Note: We reserve the right at any time to dismiss your child from the program immediately due to environmental, physical, emotional, or other harm to themselves, other children, and staff.

BULLYING

At Camp KV, bullying is inexcusable, and we have a firm policy against all types of bullying. Each camper is expected to treat all other campers and staff with respect and to help each other have the best possible experience. Our Camp Director addresses all incidents of bullying and trains staff to create a safe and welcoming environment for all.

HEALTHY CAMPERS

If your child contracts anything that may be contagious please let us know. Your name will be kept confidential, but we are required to post anything contagious due to state regulations.

If your child shows any sign of illness, rash, high temperature, diarrhea, infection, lice, or any contagious diseases, the parent/guardian will be called and expected to pick up the child within one hour.

While camp staff does their best to prevent any sort of injuries, sometimes they do happen. Moderate injuries will be communicated to the parent once proper first aid has taken place. If severe injuries need higher medical attention, the parent/guardian will be contacted immediately.

MEDICATION

Medication must be brought in its original container, allowing for proper identification and dosage, as required by the state. Please leave all medications with a staff member at drop-off and they will bring it to the Director's Cabin to be locked up. Campers should not have any type of medication in their lunch boxes or backpacks.

*Any medications that are to be self-administered (i.e., inhaler) by a camper must be accompanied by a note from a medical professional

2019 CAMP REGISTRATION FORM CAMP KV | KINDERGARTEN | CIT PROGRAM



CAMPER'S INFORMATION	l			
First Name:		Last Name:		
Date of Birth:/	_/	O Male O Female Town:		
Home Address:				
State:		Zip:		
School:		Grade Entering in Fall 2019		
PARENT/GUARDIAN #1 IN	NFORMATION			
First Name:		Last Name:		
Email:				
O Check here if home address				
Home Address:	•	Town:		
		Zip:		
		Work Phone:		
		E-mail Address:		
PARENT/GUARDIAN #2 IN				
		Last Name:		
Email:				
O Check here if home address	•			
		Town:		
		Zip:		
Cell Phone:	Home Phone:	Work Phone:		
Relationship to Camper:		E-mail Address:		
EMERGENCY CONTACTS 8 *Use this area to list the indiv		K-UP PERSONS t in case of emergency if parent/guardian is not reacha		

1. First Name:_____ Last Name:_____ Cell Phone:_____ Home Phone:_____ Work Phone:_____ Relationship to Camper: _____ Authorized to pick up Camper? \bigcirc Yes \bigcirc No

 2. First Name:
 Last Name:

 Cell Phone:
 Work Phone:

Relationship to Camper:______ Authorized to pick up Camper? O Yes O No

^{*}IDENTIFICATION REQUIRED* For the safety of our campers, all those listed above, including parents/quardians, must be prepared to show photo ID to the staff when your child is signed out.

2019 CAMP REGISTRATION FORM CAMP KV | KINDERGARTEN | CIT PROGRAM



MY CHILD WILL ATTEN	ID:		CAMP KV SESSIONS: (Check all that apply)
O Camp KV (Grades 1-8)		0	Session 1 (June 17 - June 21)
O Kindergarten Camp		0	Session 2 (June 24 – June 28)
O CIT Program (Grades 9	& 10 - Sessions 2-5 Only)	0	Session 3 (July 1 - July 5) No Camp July 4th
CAMP KV UNITS	γ,	0	Session 4 (July 8 -July 12)
Mountaineers (1st & 2n	nd Grade)	0	Session 5 (July 15 -July 19)
O Wranglers (3rd & 4th Grade) O Trailblazers (5th & 6th Grade) O Pathfinders (7th & 8th Grade)		0	Session 6 (July 22 - July 26)
		0	Session 7 (July 29 - August 2)
		0	Session 8 (August 5 - August 9)
O Tatillilacis (7th & oth	di ude,	0	Session 9 (August 12 - August 16)
		0	Session 10 (August 19 - August 23)
TRANSPORTATION			
MORNING DROP OFF/BUS	PICK-UP	AFTE	ERNOON PICK UP/BUS DROP OFF
O Augusta Y (buses depart at 7:30a.m.		ОAu	gusta Y (arrives at 4:30p.m.
OManchester Y (buses depart at 7:40a.m.		O Manchester Y (arrives at 4:15 p.m.)	
O Camp KV at 8:00a.m.		O Camp KV (arrives at 4:00 p.m.)	
* Parents and authorized person	ns must be at pick-up and dr	op-off	points and are responsible for supervision of their
			late fee if 5 minutes late and an additional \$1
for every one minute after for a	any parent/guardian that is i	ate to	pick up their child(ren).
CAMP FEES & PAYMENT	INFORMATION		
	Camp KV/Kindergarten	Cour	nselor In Training Program
Members:	\$153/Session	\$40	5/Program 4 wks
Program Members:	\$163/Session	\$42	5/Program 4 wks
Non-members:	\$173/Session	\$44	5/Program 4 wks
*Ask about how to obtain mem	ber rates based on different	membe	ership opportunities.
DUE WITH REGISTRATION			
\$50 non-refundable deposi	t per session x session	ns = S	\$

PAYMENT METHOD				
O A credit card is required to be left on file.				
O Credit Card				
Name on Card:				
Card Number:				
Exp. Date: / Security Code:				
Address (Zip Code):				
O Visa O Mastercard O Discover O American Express				

OR Pay in Full: (Camp Fee)\$_____ per session x ____ sessions = \$_

Credit cards on file will be charged by the KV YMCA if any camp balances are unpaid by the time of any camp services rendered.

*Remaining balance for any given session due the Monday prior (one week) to the start of that session.

2019 CAMP HEALTH FORM CAMP KV | KINDERGARTEN | CIT PROGRAM



	MATION - TO BE FILLED OUT	BY A PARENT/GUARDIAN
•		
		Phone:
•	al insurance covering your child? he name of policy & ID#	O Yes O No
1. Any current hea		on, treatment, or special restrictions while at camp?
2. Any chronic or I	ong term illness?	
O Yes O No	If yes, please specify:	
3. Any operations	or serious injuries?	
O Yes O No	If yes, please specify:	
Nam	e any known allergies:	Explain reaction and medication used:
FOOD:		
MEDICATION:		
PLANTS:		
ANIMALS:		
OTHER:		
O Fainting spells Does your child ne	ed to be administered medication	while at camp? O Yes O No
name, dosage an upon arrival at Ca	d instructions must be legible. The map to be locked up and will be ro	armacy container with the original label attached; child's he medication must be turned in to the Camp Director eturned at the end of each day/week. Children may not medicines in their bags or pockets.
I hereby authorize	ze camp staff to administer presc	ription medication(s) listed above. With this, if my child i
under 18, I give	my permission to give a pain/feve	er reducing medication while at camp
• I give permission	n to the camp staff to remove tick	s, splinters, and other accidental foreign objects
• I understand I ne	eed to provide a record of immuni	zations, including date of last tetanus shot.
In case of a medica parent or legal gua to provide whateve to call an ambulan	al or surgical emergency, after eve ardian, I hereby give my permissio	nters or faxed at 207-621-6212 ery reasonable effort has been made to contact the in to the physician selected by the camp director treatment is necessary. I authorize the camp staff rt. Date / /

2019 CAMPER BEHAVIOR CONTRACT CAMP KV | KINDERGARTEN | CIT PROGRAM



PARENTS AND CAMPERS, READ THIS STATEMENT

Parents/Guardians, please review the following behavior contract with your child. Ensure that they understand and must adhere to the terms of the contract at all times while at camp.

CAMP CHARACTER CODE

Developing and displaying positive character values is very important at the YMCA. Caring, Honesty, Respect and Responsibility are a large part of our commitment to offering a safe and exciting camp experience. It is important that our campers agree to live by our Camper Character Code while under our supervision.

We CARE for ourselves and those around us. We earn each other's trust through HONESTY. We RESPECT each other and the environment. We are RESPONSIBLE for our own choices.

Each parent and camper must read and abide by each of the statements below in acknowledgment of their agreement to follow camp rules.

WHILE AT CAMP, I WILL:

- Show respect and kindness to other campers & staff.
- Show responsibility by being helpful.
- Be honest with other campers and staff.
- Respect the property of camp and other campers.
- Respect other people's feelings and differences.
- Have fun and make it fun for others.

WHILE AT CAMP, I WILL NOT:

- Fight, "rough house" or behave unsafely.
- Share/trade food with other campers.
- Threaten or bully other campers.
- Take things that don't belong to me.
- Use inappropriate language.
- Bring toys from home.

I understand that not following these rules will have consequences, which may include, but are not limited to:

- Sitting out activities
- One day or more of dismissal from camp
- Permanent expulsion from camp



We CARE for ourselves and those around us. We earn each other's trust through HONESTY. We RESPECT each other and the environment. We are RESPONSIBLE for our own choices.

2019 PARTICIPATION AGREEMENT & PAYMENT POLICY CAMP KV | KINDERGARTEN | CIT PROGRAM



PLEASE READ & SIGN THIS STATEMENT

I hereby enroll my child in the Kennebec Valley YMCA summer camp program. In signing this application, I certify that he/she is healthy and free of problems that could adversely affect his/her stay or that of other campers.

PAYMENT, REFUND & CANCELLATION POLICY: I agree to pay the balance of camp fees by the Monday before each week of my child's enrollment. I understand that reserved space may not be held past the Friday before each week without full payment. Any registration made for a week already in session must be paid in full. No child may attend camp without full payment. The \$50 deposit per session is not refundable for any reason. A refund of all paid funds minus deposits will be available if canceled TWO WEEKS prior to the start of the next session. No partial refunds will be made. All cancellations must be received in writing. I understand that I am financially responsible for full payment each week regardless of my child's attendance.

The Kennebec Valley YMCA only makes exceptions to this policy in the case of injury or illness, and a request for consideration must be accompanied by a doctor's note.

I authorize the Kennebec Valley YMCA to take and use photographs, slides, videotapes and comments of the person named in this application as needed in promotional materials and public relations programming. I fully understand that there is no monetary payment to be made to me or anyone for my child's appearance in said photographs or films. I hereby waive the right to inspect or approve any such telecast or published photographs, films, commercials, or the accompanying audio, print or electronic copy. I release the Kennebec Valley YMCA, its officers, agents, employees, and volunteers from all debts, claims, and liabilities of any kind arising out of my child's appearance in the making or use of said photographs, films or videotape.

I understand that all registration forms, medical forms & immunization records, signed Camper Code of Conduct, and all paid deposits must be submitted in it's entirety and returned to the Kennebec Valley YMCA in order to fully register my child(ren) for camp.

I understand that my child must comply with the camp's rules and standards of conduct and that the organization may terminate my child's participation in the camp program without refund if he/she does not maintain these standards.

THE UNDERSIGNED VOLUNTARILY AGREES TO HOLD THE YMCA HARMLESS FOR INJURIES OR ACCIDENTS RESULTING IN BODILY OR PROPERTY DAMAGE DURING MY CHILD'S PARTICIPATION IN PROGRAMS AT THE KV YMCA CAMP KV. I FURTHER WAIVE, RELEASE, ABSOLVE, AND INDEMNIFY THE KENNEBEC VALLEY YMCA, YMCA CAMP KV, ITS DIRECTORS, VOLUNTEERS, OFFICERS, OR EMPLOYEES FOR INJURIES OR ACCIDENTS OCCURRING WHILE PARTICIPATING IN THE PROGRAMS OF KV YMCA.

Parent/Guardian Signature	Date	//
r archit/duaratan signature		. —