



# ANNUAL REPORT 2018

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## KENNEBEC VALLEY YMCA

[kvymca.org](http://kvymca.org)

31 Union Street  
Augusta, ME  
04330  
&

40 Granite Hill Rd  
Manchester, ME  
04351

207-622-9622

# The Y.™ For a better us.™

## At the Kennebec Valley YMCA WE'RE A COMMUNITY, WITH A CAUSE

### Summary of Accomplishments 2018:

#### MEMBERSHIP AND PROGRAMMING

- 5,400 members with more than 160,000 member check-ins
- 360 campers attended Camp KV over the 9 week session. 76 girls took part in Julia Clukey's Camp for Girls at Camp KV
- 22 newly immigrated children attended Camp KV for the first time through a new collaboration with the Capital Area New Mainer's Project (CANMP)
- 202 children engaged in leadership and mentoring programs
- More than 33,000 pages were read at Camp KV's Literacy Cabin
- Learning Center attained a Gold Site status for 5-2-1-0 Let's Go for promoting healthy eating and physical activity
- Taught more than 1,000 adults and children swimming and basic water safety
- Certified more than 24 lifeguards, 45 staff and community members in CPR, AED and First Aid. 48 staff and community members were certified in Basic Water Rescue.
- 110 swimmers participated on the KVV Stingrays swim team
- The Stingrays had a fantastic 2017-2018 season. The team broke over 50 team records. As a team, they placed 3rd at the Maine YMCA State meet, with the 9-10 girls and 11-12 boys winning their age groups.
- At the Maine Swimming Winter Championship, the girls team placed 2nd and the team placed 3rd. 3 swimmers competed in the YMCA National Meet, Gabby Low placed 3rd in the 100 backstroke.
- Coach Mike Schmidt, was named the Maine YMCA Coach of the Year.

#### COMMUNITY IMPACT

- More than 300 people attended our Annual Healthy Kids Day celebration
- Partnered with the Augusta Boys & Girls Club on the 25th Annual Rise N Shine 5k Road Race. 70 participants ran/walked the course to raise more than \$14,000 for the KV YMCA and the Augusta Boys & Girls Club
- Our 11th Annual Auction raised \$12,000 more than last year. \$52,000 was raised for the Strong Kids Annual including 54 Camperships. We are grateful for the 250 silent and live items donated by local businesses
- The 5th Annual Raffle raised \$17,000 for both the Y and the Friends of Lithgow Library
- 24 teams participated in the Annual Golf Tournament, raising more than \$12,000
- KV YMCA's TREK ACROSS MAINE team raised more than \$20,500 for lung cancer research
- Collaborated with the American Red Cross on 4 blood drives
- 24 individuals learned how to regulate their blood sugar through diet and exercise in our Diabetes Prevention Program. They lost a combined weight of 236lbs, reducing their risk of getting diabetes by over 50%
- 13 participants engaged in LiveSTRONG, the Y's cancer survivor program
- Hosted the Special Olympics swim meet
- New structures for Learning Center's "Project Playground" included a Maine themed playhouse, built by the Maine Cabin Masters, and a Music Wall, built by the Augusta Rotary Club
- More than 40 families participated in our Pediatric Referral Program, a physical activity and health intervention program
- 182 people improved their fitness and developed healthier habits through our Lose It with the Y program.

\$262K SCHOLARSHIPS AWARDED

440 PROGRAM SCHOLARSHIPS AWARDED

800 MEMBERSHIP SCHOLARSHIPS AWARDED 1,240 TOTAL SCHOLARSHIPS AWARDED

# MY Y STORY

Meet Aya, her family moved to Augusta from Iraq. Aya and her sister Fade attended Camp KV. Together, they embarked on new summertime adventures and activities that natives often take for granted. Their experiences were made possible by the generosity of others who donated to the Strong Kids Annual Campaign which supported their Camp scholarships.



*Aya Abulmoshin participating in introductory swim lessons at Camp.*

*Y Members since 2016*

"We signed up because we wanted to try new things and make new friends. The best part of the program was playing Gaga and boating. We want to sign up again because we will have fun, learn some good stuff, see new friends, and play games."

Do you have a Y Story to tell? We want to hear it. Email [andrea@kvymca.org](mailto:andrea@kvymca.org) with your name, number AND story!

**364**  
Y VOLUNTEERS  
**2,962**  
HOURS  
OF SERVICE

**Volunteers**  
do not necessarily  
have the time,  
they just **have**  
**the heart.**

-Elizabeth Andrew

**I PAY MEMBERSHIP DUES BUT HAVE ALSO BEEN ASKED TO DONATE. WHAT DOES MY DONATION SUPPORT?**

**DONATIONS SUPPORT KV YMCA SCHOLARSHIPS AND CHANGE LIVES!**

35 swimmers learned water safety and developed technical ability becoming more confident in the water

318 campers gained new skills, furthering their abilities and building character while having fun with peers

23% of our members receive financial assistance enabling them to improve their health through joining the Y

22 learning center students received healthy meals and a stimulating atmosphere to grow intellectually and socially.

# Kennebec Valley YMCA

## BOARD OF DIRECTORS '18

**Bill Bridgeo**, President

**Julie Barter-Lucas**, Vice-President

**James Bass**, Secretary

**Gail Conley**, Treasurer

**Jac Arbour**

**Scott Fossett**

**Mary Hammond**

**Kaite Doherty**

**Chuck Hays**

**Lisa Howard**

**Teresa Hutchins**

**Harry Lanphear**,

**Raegan LaRoche**

**Duncan MacKellar**

**Matt Mullen**

**Mike Seitzinger**

**Brian Tarbuck**

**Scott Weber**

**Kim Vandermeulen**

## LEADERSHIP TEAM '18

**Tom Warren**, Chief Executive Officer

**Ranae L'Italien**, Associate Executive Director

**Scott Goldhammer**, Sr. Director of  
Property & Facilities

**Feargal Semple**, Director of Healthy Living

**Emily Caffry**, Aquatics Director

**Andrea Lowell**, Marketing  
& Development Director

**Cristina Chaplin**, Human Resources Director

**Luc Pepin**, Finance Director

**Heather Turner**, Membership Director

**Mike Griswold**, Youth Program  
& Camp Director

**Lissa Niederer**, Child Care Director

**Chris Vashon**, Healthy Living

Outreach Coordinator

**Brandon Tardiff**, Fitness Specialist



Together, we exceeded our \$260,000 2018 Strong Kids Annual Campaign Goal! Thank you for thinking of others in your community.

## ANNUAL CAMPAIGN SUPPORT

CAMPAIGN DONORS - \$1,000 or more

Anonymous, Jac Arbour, Conrad Ayotte, James & Ami Bass, Mary Blouin, John & Charlene Bridge, Bill & Janice Bridgeo, Gary & Carolyn Burns, Gena Canning, James & Jennifer Clair, Gail & Stephen Conley, Paul Connolly, Wendell Davidson, Norm & Teresa Elvin, John Fallona, Robert & Moira Fuller, Genie Gannett, Gary Goodrich, Mary Hammond, Bruce Harrington, Chuck & Maria Hays, Lisa Howard & Lynn Quirion, Larry Hunter, Randy & Teresa Hutchins, Wick & Ruth Johnson, David & Laurie Lachance, Harry & Jennifer Lanphear, William Laubenstein, Bill Lowell, Duncan MacKellar, Jim & Allison Nichols, Richard & Joanne O'Connor, William Perry, Peter Prescott, Isidora Pucciarelli, Katheryn Rand & Cornell Knight, Gerry Roley, H. Allen & Dianne Ryan, Mike Seitzinger & Maria Cusick, Andrew Silsby, Scott & Jennifer Small, Jack Smart, Bill Sprague, Michael & Ellen Szela, Brian Tarbuck, Rick & Patty Tardiff, Ray Vallee, Kim Vandermeulen & Linda Young, Katie Rollins & Bruce Young, Tom & Jane Warren

A Partner In Technology, Augusta Fuel Company Employee Choice, Bracey Memorial Trust, C.B. Mattson, Camden National Bank, Camp KV Board of Trustees, Coca-Cola, Combined Benefits United, Coldwell Banker/Rizzo Mattson, Realtors, Dunn Dental Arts, E.J. Prescott, Inc., Edward Jones Julie Barter-Lucas, Elsie & William Viles Foundation, G & E Roofing, Gibson Leclair, LLC., Helen and George Ladd Charitable Foundation, IPA Marketing, JS McCarthy Printers, Kennebec Savings Bank, Kennebec Valley Detailers, LLC., Kenway Composites, Lajoie Brothers, Longfellows Greenhouse, Maine Beer and Wine Distributors Assoc., Maine Natural Gas Corp., Manchester Grange 172, Marlee Fund, McGee Construction, Meadow Park Development Corp., NRF Distributors, O'Connor Motors, On Target Utility, PFG NorthCenter, Pine State Trading Co., Quirk Ford, Rocky's Stove Shoppe,

**WE ARE GRATEFUL FOR YOUR GENEROSITY AND SUPPORT OF OUR CAUSE & COMMUNITY**



## ANNUAL CAMPAIGN SUPPORT

### CAMPAIGN DONORS - under \$1,000

Anonymous, David Allender, Jac Arbour—IMO Thomas Whitlock, Christina Armstrong, Richard G. Bachelder, Tina Barker, Gary & Margaret Barrett, Renee Barron, James Bass—IMO Charles Canning Jr., Cassandra Beaudoin, Sharon Beaver—IMO Thomas Whitlock, Almand Hunter Berkely, Gloria Bilodeau, John Blouin—IMO Charles Canning Jr., Camryn Boucher, John & Charlene Bridge—IMO Charles Canning Jr., Jeff Brown, Sylvia & Fred Brown, Jean Burnham, Emily Caffry, Craig Cameron, Heidi Chadbourne—IMO her father, Elizabeth Chadwick—IMO Thomas Whitlock, Gene & Deidre Cheng, Paul Cloutier, May & Ed Coffin, Kenneth Colpritt—IMO Charles Canning Jr., Derrill & Mary Jean Cowing, Barbara Crosier, Steve & Cathie Curtis, Eileen Cusick, Sara Cutler, Tom Daggett, David & Laurie Dale—IMO Thomas Whitlock, Elise Day, Samantha Deans, Angela Denis, Jennifer Denis, Mary Denison & Ronn Gifford, John Dewitt, Mary Dionne, George Diplock, Samantha Dyer, David Elliott, Jane Ezzy, Richard Ferraro, Hannah Flagg, Bruce Flaherty, Gloria Fleming, Dave & Colleen Foster, Kim Gagne, Jeff Gleason, Scott Goldhammer, Jeff Greenleaf, Lauren Greenleaf, Lee Griswold—In Honor of the Griswold Family, Mike Griswold, Bill Harwood, Brian Heath, Garry Hinkley, Barry Hobbins, Ariel Howes, Faith Huntington, Randy & Teresa Hutchins—IMO Charles Canning Jr., Jonathan & Amy Ives—In Honor of the Ives Family, Bill Jackson, Janice Morsehead—IMO Charles Canning Jr., Mark & Judy Johnston, Judith Johnson, Roger Katz, Hannah Kibbin, Bob Kline—IMO Charles Canning Jr., Julia Lagace, Harry Lanphear IMO of Thomas Whitlock, Harry Lanphear—IMO Charles Canning Jr., David LaRoche, Reagan LaRoche, William Laubenstein, Danielle Lavache, Leo LeBeau, Whitney Leonard, Jami Lewis, Nikki Lewis, Ranae L'Italien, Peggy Lord, Gabby Low, Andrea Lowell—IMO Ruth Forbes, Alfred & Ruth Lund—IMO Sylvia Lund, Suzanne & Linda Mack, Duncan MacKellar, Barbara Mayer, Gary McArthur, Barbara McCarty, Johanna McQuoid—IMO Charles Canning Jr., Joe Menice, Leonel & Virginia Michaud, Marilyn Michaud—IMO Charles Canning Jr., Frank & Ruth Mitchell, Bob & Sue Moore, Martha Morrill & Bruce Morang—IMO Thomas Whitlock, Jerry Scribner & Nicole Morin Scribner, Matt & Emily Mullen, Michael Napolitano, Lissa Niederer, Rita Oellers, Pam Parker, Devon Pcolar, Luc Pepin, Anna Perkins, Daniel & Kathleen Petersen, Zachary Plummer, Roger Pomerleau, Bob & Linda Ray, Misty Reynolds, Patty Rolfe, Andrew Routh, H. Allen & Dianne Ryan—IMO Charles Canning Jr., Wayne Saucier, Fran Schultz, Angela Seagers—Martin, Emily Simonton, Kayleigh Supry, Jon Tardiff, Molly Tomascik, Kaitlin Trask, Jennifer Tripp—IMO Thomas Whitlock, Heather Turner, Myles Turner, Chris Vashon, Tom Warren—IMO Thomas Whitlock, Scott Weber, Jacob Wildes, John Woytoicz, Mark Yerrick—In Honor of His Birthday.

Albison's Printing—IMO Charles Canning Jr., Amazon Smile, Augusta Kiwanis Club, Central Maine Drywall, Chavarie Tree & Landscaping, Chipotle, Connected Credit Union, cPort Credit Union, Farrin's Country Auctions & Blue Willow Tea Room, Hannaford, Heineken—IMO Charles Canning Jr., Kennebec Savings Bank—IMO Charles Canning Jr., Lapointe Lumber, Macomber, Farr & Whitten—IMO Charles Canning Jr., Maine Beer & Wine Distributors Assoc.—IMO Charles Canning Jr., Maine Children's Home for Little Wanderers, Manchester PTCO, Town of Manchester, Mediation & Facilitation Resources, Margarita's, NRF Distributors—IMO Charles Canning Jr., Peachy Builders, Pine State Trading Co., Quirion Construction—IMO Charles Canning Jr., SJR Engineering Inc., Walgreens.

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## ANNUAL AWARDS

**The John Bridge Award,  
Charlene Bridge**



*Above from L to R:  
Charlene Bridge*

**The Edward Nicholas  
Volunteer Award,  
Emily Simonton**



*Above from L to R:  
Emily Simonton*

**The Mike Seitzinger  
Director of the Year  
Award, Harry Lanphear**



*Above from L to R:  
Mike Seitzinger and  
Harry Lanphear*

**The Harry Lanphear  
Employee Award,  
Feargal Semple**



*Above from L to R:  
Tom Warren  
and Feargal Semple*

\*Endowment is excluded. If included it would increase the figure to 22%.

# Kennebec Valley YMCA 2018 Finances

\*Pre-audit numbers

