



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# 2020 January Newsletter



## New Year, New You!

From January 2nd-15th, 2020, New members who activate a Draft or Package Membership qualify for a 10% savings off one of the following:

- Draft/Package Membership
- One Personal Training Package
- One Youth Program Registration

### Family Membership Swag

New members (including those renewing after 3 months of inactivity) who activate a Family Draft or Package Membership will be able to choose from several Y-Swag items!

### Annual Memberships

During all of 2020, anyone activating or renewing an Annual Paid-in-Full membership will qualify for a 10% savings under the New Year, New You discount!

## Exciting New Youth & Fitness Programs!

### Fitness

- **NEW!** MoveBetter Classes begin on January 8th!
- Next round of Transformation Challenge Session begins on January 6th!
- **NEW!** Free Group Exercise Classes!

### Youth & Family

- **NEW!** Brazilian Jiu Jitsu classes on Wednesdays from 4-5PM, beginning on January 8th!
- Next round of Archery begins on January 7th!

**HAPPY  
BIRTHDAY!  
TO OUR 551  
MEMBERS BORN IN  
JANUARY!**

### IMPORTANT UPCOMING EVENTS:

- New Year, New You Specials: 1/2-1/15/2020.
- New Program Session Begins on 1/6/2020.
  - New round of Transformation Challenge begins on 1/6/2020.
  - Blood Drive 8AM-4PM hosted by the American Red Cross



## Member Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Year's Day!	2 New Year, New You Specials Begin	3	4
5	6 Winter Session Begins  New Transformation Challenge Begins!	7	8 NEW! MoveBetter Class Begins	9	10	11
12	13	14	15 Last day of New Year, New You Specials	16	17	18
19	20 Martin Luther King, Jr. Day	21 Blood Drive 8AM-4PM	22	23	24	25 Chinese New Year
26	27	28	29	30	31	