



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2020
March
Newsletter

2020 Healthy Kids Day Registration now open!

This free event offers fun activities for Kids! The first 50 to register win a free Bag!

Children of all ages welcome! Join us April 18th.
The day opens with the Capitol Cape Escape Race for kids at 8am!
Contact: Zoe@kvymca.org for more information.

Registration is now open for the following programs:

- **2020 Indoor Trek Across Maine!**
RUNNING FROM APRIL 20TH – JUNE 10TH
\$85 FOR MEMBERS & NON-MEMBERS
- **MOVESTRONG IN 2020**
MARCH 3RD– APRIL 23RD
\$59 FOR 8 WEEKS
\$12 DROP-IN FEE
- **MOVEBETTER IN 2020**
LAUNCHES MARCH 4TH
\$59 FOR 8 WEEKS

**SPRING I SESSION
BEGINS MARCH 2ND!**

Parent's Night Out

March 28th from 5–8pm!

Members \$12

Program Members \$16

Non-Members \$20

Activities, games and food!

Open to children 3–10 years old.
Extra clothes & bathing suits will be required as there will be swimming!



**HAPPY BIRTHDAY
TO OUR 497
MEMBERS BORN
IN MARCH!**

March

SPRING AHEAD



Member Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Spring I Session Begins	3	4	5	6	7 Undergrad Tournament 8AM-9PM
8 Daylight Savings Begins 2AM Undergrad Tournament 8AM-9PM	9	10	11	12	13	14
15	16	17 Happy St. Patrick's Day	18	19	20	21
22	23	24	25	26	27	28 Parents Night Out! 5-8PM
29	30	31				



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Healthy Kids Day

Saturday, April 18th
with Capitol Cape
Escape Race at 8am—
FREE EVENT