



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Kennebec Valley YMCA SUMMER CAMP



SUMMER CAMP 2022 SEASON
JUNE 20th – AUGUST 26th

Camp KV · Explorers Camp · LIT/CIT Program



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OUR MISSION

The Kennebec Valley YMCA is a character building organization dedicated to strengthening the principles of Caring, Honesty, Respect and Responsibility through programs that build a healthy spirit, mind, and body for all, regardless of ability to pay.

Since 1914, we have been a fabric of our community, with a commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility.



"My 3 girls look forward to attending Camp KV every summer and enjoy all the activities, songs, people and beautiful setting. I feel like through their participation in all of the fun events, games and sports that are offered, their confidence and self-esteem has grown immensely."

- Camp Parent



YOUR CAMP DIRECTOR

WELCOME NOTE FROM PAUL

Hi! My name is Paul, and I am returning for my 4th summer as your Camp KV Director!

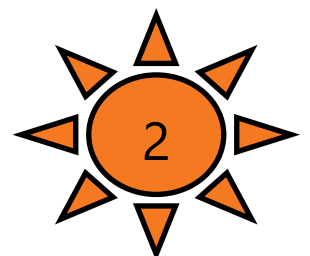
It is probably an understatement to say that the last 2 years have been a challenging time for everyone, but life, if nothing else is a journey. A hero's quest involves a certain amount of the unknown, and we have seen our share of that recently, but remember the adventure is in the journey, not the destination.

At Camp KV, we believe that each camper should be provided with opportunities to grow through experiences that allow them to learn valuable skills, explore new ideas and make friends and memories that will last a lifetime.

On behalf of the Y and our camp staff, we look forward to being a part of your child's camp experience this summer.

Paul

Camp KV Director



New this Summer At



CAMP KV

All electronic

Camp KV registration!

This year we are rolling out a new registration program run by Camp Brain which will allow you to register, pay and update your child's information all online.

We will be setting up a registration station at the Augusta KVYMCA facility for anyone needing help with the new registration system.

Camp KV registration is found here:

campkv.campbrainregistration.com

KV Y members:

In order to receive your discounted weekly rate you will need a discount code. The code will be included in your member monthly updates starting in February. If you do not receive it, email paul@kvymca.org prior to registering to get the code.

CAMP KV 2022

LIFE IS A JOURNEY

CAMP AT A GLANCE

CAMP KV DAY CAMP

WHO: Entering Grades K-8

WHEN: June 20th - August 26th

COST: \$175/week for Y Members
\$195/week for Non-Members

LEADER IN TRAINING (LIT)

WHO: Entering Grades 7-8

WHEN: July 5th - July 15th

COST: \$225 for Y Members

COUNSELOR IN TRAINING (CIT)

WHO: Entering Grades 9-10

WHEN: July 18th - August 12th

COST: \$565 for Y Members

COMMUNICATION

Questions or concerns?

Need to report an absence?

Give us a call!

CAMP KV PHONE #:

207.622.9622

IMPORTANT DATES

REGISTRATION OPENS Feb 15th, 2022

CAMP OPEN HOUSE + HEALTHY KIDS DAY

WHEN: 6/4/2022

WHERE: Camp KV - KV Camp Road, Readfield

Healthy Kids Day is a fun family event promoting healthy habits, activities and opportunities for area youth to stay active over the summer. We'll also have a concession booth, camp events, camp tours, and an evening family outdoor movie! More info at www.kvymca.org.

NOTE: 4-Day Camp Week (July 4th-July 8th)

In observance of Independence Day, Week 4 of Camp KV will be a 4-day camp week with no camp on Monday, July 4th. The prorated rate is \$140 for members, and \$156 for non - members.

FINANCIAL ASSISTANCE

The Kennebec Valley YMCA is proud to offer need-based scholarships for qualifying children to attend camp. Scholarship applications are available at either of our Welcome Centers or online at www.kvymca.org. Scholarships are awarded on a first come, first served basis.



31 Union Street
Augusta, Maine 04330



KV Camp Road, Route 17
Readfield, Maine 04355

CAMP KV

Camp KV is a state licensed day camp located on 70 acres of beautiful, naturally preserved land on Maranacook Lake in Readfield. Our camp begins at 8:00am and ends promptly at 4:00pm.



The Kennebec Valley YMCA offers a high quality day camp experience for area youth focusing on personal growth, community development and outdoor fun. Our highly trained staff of counselors are great role models to our campers and offer traditional camp activities such as swimming, boating, low ropes course, arts and crafts, literacy, nature hikes, field sports, archery, environmental science programs and more!

THEME DAYS

At Camp KV, we celebrate a different theme every week! Each Thursday, we plan a day full of themed activities and campers are encouraged to dress up according to the week's theme with prizes given out for best dressed.

Week 1 - Camp Spirit

Week 2 - Friendship

Week 3 - Color Wars

Week 4 - Holidays

Week 5 - Survival

Week 6 - Disney

Week 7 - Game Show Mania

Week 8 - Amazing Art

Week 9 - Space

Week 10-Culinary



LEADERSHIP (CIT & LIT)

LEARN TO LEAD

The Leader In Training (LIT) program is a two-week program that is open to Pathfinders (grades 7 & 8) and all area 7th and 8th graders. The LIT program is the first step for:

- Camp KV Pathfinders who want to enrich and broaden their experience
- Our CIT program
- A paid Junior Counselor position

You'll learn:

- Theories of leadership
- Application and implementation of situational leadership
- How to effectively lead a group using your unique talents and abilities
- To incorporate the core values of the YMCA - Caring, Respect, Responsibility and Honesty - in your leadership



MEET CHRIS "STORM"

CIT-LIT DIRECTOR/
ASSISTANT CAMP DIRECTOR

This summer will be Storm Sagner's seventh summer at Camp KV and tenth summer working at various summer camps. Storm has had many different roles at Camp KV including Unit Director, Sports Director and Assistant Camp Director. This will be Storm's first summer as Assistant Director/CIT-LIT Director. As the CIT-LIT Director, Storm will continue this great program that helps young people have the opportunity to develop and practice their leadership skills and learn how they can leave a lasting impact on others.

"A leader is one who knows the way, goes the way, and shows the way." --John Maxwell



COUNSELOR IN TRAINING (CIT)



MEET Keren Ruboneka

CAMP KV STAFF & CIT GRADUATE

"The CIT program was one of the most memorable parts of my summer in 2021. In the four weeks I learned leadership skills, how to work with a team to find solutions, responsibility and what it means to be part of a community.

Growing up in a summer camp, being a counselor was ALWAYS a goal of mine. Being a part of this program not only prepared me for that experience but also brought me one step closer to reaching that goal. I think that anyone who is a part of this program will not only have fun but will also learn important life skills."

Camp KV's Counselor In Training (CIT)

program gives teens entering grades 9 & 10 an opportunity to build skills that will help them in the classroom, the workplace, and beyond.

CIT participants work closely with camp leaders, who serve as instructors and mentors.

Participants will spend half their day attached to a camp unit assisting with activities and learning through first-hand experience. The other half will be with Paul and Chris and the CIT group reflecting, discussing and problem-solving the situations they faced during their time with the units.

CIT's walk away with:

- American Red Cross CPR/First Aid Certification
- Experience facilitating group activities
- Outdoorsmanship skills
- Confidence and leadership experience

This four-week program takes place over sessions 4 through 7 only. All CIT participants are required to attend all four sessions.

All interested candidates must apply to participate in the CIT program. To apply, email Camp Director, Paul Sveum at Paul@kvymca.org



CAMP INFORMATION

ARRIVAL

Our summer camps offer FREE bus transportation to Camp KV from the Augusta KV YMCA campus.

AUGUSTA CAMPUS:

Depart Time: 7:40am (arrive by 7:20am)

Return Time: 4:30pm

CAMP KV:

Arrive: 8:00am

Pick Up: 4:00pm

SIGN IN/SIGN OUT

All campers must be signed in and out daily by a parent/guardian. For your child's safety, photo ID's will be required. For first time pick-ups, please remind other authorized pick-ups that they will need to bring a photo ID with them, as well.

ABSENCES

If your child is not going to attend camp for the day, please report their absence by calling the camp office at 207 685 4644 or email Paul Sveum at paul@kvymca.org

If your child will be leaving early, please call or notify the camp office in writing of what time and who will be picking up your child.

RAINY DAYS AT CAMP KV

On rainy days, we try to do as much activity outside as possible, which means your campers should come prepared with water-resistant clothing on damp days. On days of heavy rain, we utilize our covered areas and main lodge, where campers engage in indoor activities.

SWIMMING

Campers will have the opportunity to swim at Camp KV. For their safety, all campers will be swim tested on their first day of camp. While swim activities are not required, we strongly encourage all campers to participate.

Lifeguards will be on duty whenever children are in the water.

LUNCH

Lunch will NOT be provided to campers. Please pack a healthy lunch along with a few healthy snacks that will last all day. There is limited space for campers to keep perishable foods cold. Please try to send lunch boxes with ice packs.

Please be sure to bring a re-fillable water bottle every day and remember to label everything with your child's name.



CAMP POLICIES & EXPECTATIONS

DAILY CAMP CHECKLIST

Each camper should bring a backpack with the following items:

- Bathing Suit (must be properly fitting)
- Towel and plastic bag for wet clothes
- Healthy snacks & lunch
- Facial covering (2)
- Refillable water bottle
- An extra set of clothes
- Sunscreen! Please make sure campers are wearing sunscreen when they arrive at camp.
- Jacket or sweatshirt for cool weather
- Closed- toe shoes are required. Flip flops can be worn only at the waterfront.

Please label everything!

ITEMS TO LEAVE AT HOME

- Electronic devices
- Cell phones / tablets / computers / cameras
- Toys / trading Cards / sports equipment
- Money / valuable Items
- Weapons of any kind - real or fake

The KV YMCA is not responsible for lost or stolen items

PARENT AND VISITOR POLICY

Typically we welcome all visitors to camp, especially parents, but this year we are asking that trips to Camp KV are limited to necessary visits due to COVID - 19 protocol.

BUS POLICY

Parents must be at pick-ups and drop-offs and are responsible for the supervision of their children before entering the care of the YMCA. Children will not be allowed on the bus without pre-registration and payment completed. If for any reason a camper's transportation has not arrived at the end of the day, parents will be notified for pick-up and may be subject to a late fee.

Campers are expected to follow Camp KV rules while on the bus. Any behavior not in accordance with Camp KV policies will result in parent notification, seat assignment and possible expulsion from the bus program.

BUS SCHEDULES

Busses leave Augusta at 7:40 am

Buses return to Augusta at 4:30 pm

Arrive at 7:20 for the drop off / check in process and plan on being at the Augusta Y at 4:20 for pick up.

CAMPER CONDUCT & DISCIPLINE

The staff governs the behavior of each child and attempts to work through conflicts and problems as they occur. A camper who displays negative behavior can affect the rest of the camp's experience. Campers who are disruptive, display inappropriate behavior, or require an undue amount of disciplinary attention will meet with the Camp Director to evaluate their behavior. Parents will be notified of any misconduct or discipline problems. It will be the parent's responsibility to arrange transportation for the child if he/she is being sent home due to disciplinary actions.

If an incident occurs that jeopardizes a camper's safety, the safety of others, or is not in accordance with the mission of the YMCA, camp staff will address and document the issue directly with the child and take the following steps.

- 1. First Violation:** The child may be removed from an activity for the day, such as swimming, free time, etc. Parents may be contacted during the day or at the end of camp depending on the time and severity of the incident.
- 2. Second Violation:** The parent/guardian will receive a phone call and may be asked to pick up their child within the hour. The child may or may not be allowed to attend camp the next day that they are registered for depending on the severity of the incident.
- 3. Third Violation:** Parents may be contacted immediately to pick up their child from camp. The child will be suspended for the day or week that they are registered for depending on the severity of the incident.
- 4. Fourth Violation:** Child may be dismissed from camp for the remainder of the program depending on the severity of the incident.

*Please Note: We reserve the right to, at any time, dismiss your child from the program immediately due to environmental, physical, emotional, or other harm to themselves, other children, and staff. Refunds will not be given for suspension or dismissal.

BULLYING

At Camp KV, bullying is inexcusable, and we have a firm policy against all types of bullying. Each camper is expected to treat all other campers and staff with respect. Our Camp Director addresses all incidents of bullying and trains staff to create a safe and welcoming environment for all.

HEALTHY CAMPERS

If your child contracts anything that may be contagious, please let us know. Your name will be kept confidential but state regulations require us to post any contagious illnesses to all participants.

If your child shows any sign of illness, rash, high temperature (over 100.4), diarrhea, infection, lice, or any contagious diseases, the parent/guardian will be called and expected to pick up the child within one hour.

While camp staff do their best to prevent injuries, sometimes they do happen. Moderate injuries will be communicated to the parent once proper first aid has taken place. If severe injuries need higher medical attention, 911 will be called and parent/guardian will be contacted immediately.

MEDICATION

Medication must be brought in its original container, allowing for proper identification and dosage, as required by state licensing. Please leave all medications with a staff member at drop-off and they will bring it to the Director's Cabin to be locked up. Campers should not have medication in their lunch boxes or backpacks.

Any medications that are to be self-administered (i.e., inhaler) by a camper must be accompanied by a completed Self Administered Medical Form (attached) and returned before their first day of camp.

