

## BIRTHDAY PARTIES

**Includes:** 1-hour exclusive use of the Family Fun pool for up to 25 people (\$35 for every additional 25 people due to extra staffing cost) and one hour in a party room for opening gifts, eating etc.

**Times:** Parties are available on Saturday afternoons year-round, at the conclusion of open swim times.

**Fees:** \$150 for KV YMCA members, \$175 for program members, and \$225 for non-members.

Contact Natalie Corrigan at 207 622 9622 ext. 133 or [nataliec@kvymca.org](mailto:nataliec@kvymca.org)



Contact Aquatics Director, Natalie Corrigan at [nataliec@kvymca.org](mailto:nataliec@kvymca.org) or 207 707 4769 or Aquatics Coordinator Peter Michelsen at [peter@kvymca.org](mailto:peter@kvymca.org) for more information.

### PROGRAM SESSION:

September 6—October 24

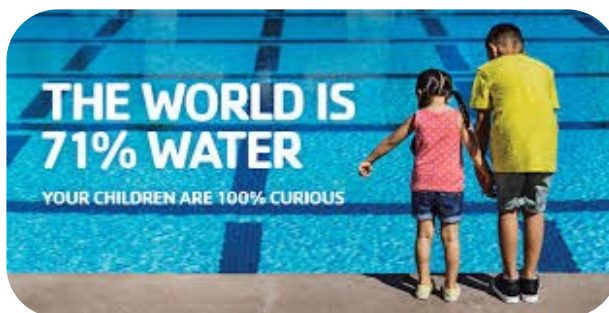
### REGISTRATION OPENS:

Members - August 16

Program Members - August 23

### BREAK WEEK:

October 25-31



### KENNEBEC VALLEY YMCA

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FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# AQUATICS KV YMCA

# FALL 2021

# YOUTH SWIM LESSONS

**Members: \$58**

**Program Members: \$85**

**Classes are once a week for 8 weeks**

## PARENT CHILD A / B (6 months to 3 years)

Introduces infants and toddlers to the aquatic environment, exploring body positions, blowing bubbles, and fundamental safety. **One or both parents must swim with each child.**

**Mondays: 5:00-5:30pm**

**Wednesdays: 5:00-5:30pm**

## PARENT CHILD A (6 months to 3 years)

Introduces infants and toddlers to the aquatic environment. **One or both parents must swim with each child.**

**Saturdays: 8:30-9:00am**

## PARENT CHILD B (6 months to 3 years)

Focuses on exploring body positions, blowing bubbles, and fundamental safety and aquatics skills. **One or both parents must swim with each child. Must be able to respond to verbal cues and jump on land.**

**Saturdays: 9:30-10am**

## PRESCHOOL 1 (3- 5 Years)

Increases comfort with underwater exploration and introduces basic self-rescue skills. **Must be comfortable in water without parent.**

**Mondays: 4:30-5:00pm**

**Wednesdays: 4:30-5:00pm**

**Saturdays: 8:30-9:00am, 9-9:30am**

## PRESCHOOL 2 (3- 5 Years)

Encourages forward movement in water and basic self-rescue skills. **Must be able to go underwater voluntarily.**

**Mondays: 5:30-6:00pm**

**Wednesdays: 5:30-6:00pm**

**Saturdays: 10:00-10:30pm**

## PRESCHOOL 3/4 (3-5 Years)

Develops intermediate self-rescue skills performed at longer distances than in previous stages. Introduces basic stroke technique in front and back crawl and reinforces water safety. **Must be able to front and back float on their own.**

**Mondays: 4:00-4:30pm**

**Wednesdays: 4:00-4:30pm**

**Saturdays: 9:00-9:30pm**

## Youth 1-3 (6-12 Years)

Students learn personal water safety and achieve basic swimming competency by learning benchmark skills.

**Mondays: 4:45-5:15pm**

**Wednesdays: 4:45-5:15pm**

**Saturdays: 8:30-9:15pm, 9:30-10:15am**

## Youth 4 (6-12 Years)

Introduces basic stroke technique in front and back crawl and reinforces water safety. **Must be able to swim 15 yards on front and back.**

**Mondays: 4:00-4:45pm**

**Wednesdays: 4:00-4:45pm**

**Saturdays: 9:15-10:00pm**

## Youth 5/6 (6-12 Years)

Introduces breaststroke and butterfly and reinforces water safety. Also refines stroke technique on all major competitive strokes. **Must be able to swim 15 yards of front and back crawl.**

**Mondays: 5:15-6:00pm**

**Wednesdays: 5:15-6:00pm**

**Saturdays: 10:00-10:45pm**

## PRIVATE SWIM LESSONS

**Members: \$25 per 30min. session or (4) 30min. sessions for \$90**

**Program Members: \$35 per 30min. session or (4) 30min. sessions for \$120**

**Non-Members: \$40 per 30min. session or (4) 30min. sessions for \$150**

## SEMI-PRIVATE SWIM LESSONS

**Members: \$20 per 30min. session or (4) 30min. sessions for \$60**

**Program Members: \$25 per 30min. session or (4) 30min. sessions for \$800**

**Non-Members: \$30 per 30min. session or (4) 30min. sessions for \$100**